

## Complimentary 15-minute Discovery Call

Dear [Dr Barbara Louw](#)

I would like to accept your invitation to the **complimentary 15-minute Discovery Call**, explore the possibility of joining one of the [My Breakthrough Series](#). I understand that this call is designed to offer clarity, emotional safety, and guidance before beginning your six-week commitment.

What to expect”

- Briefly meet and connect
- Explore your reflections from the [Healing Persona Quiz](#)
- Clarify the counselling process, structure, and expectations
- Ensure alignment with your personal goals for becoming whole

The purpose of this call is to determine alignment with the counselling series and to clarify commitment expectations. **It is not a general consultation, coaching session, or diagnostic interview.**

By booking this call, you acknowledge that you are ready to engage in a six-session-in-six-week journey towards emotional wholeness, and that you understand the financial and personal investment involved. In preparing for this conversation, you might wish to reflect on: ***“What does becoming whole mean to me at this point in my life?”***

## My information

Name	
Date	
Email Address	
Cell Phone Number	
Best time to book a call:	
Language Preferred	<input type="checkbox"/> English <input type="checkbox"/> Afrikaans
Preferred Call Format	<input type="checkbox"/> Zoom <input type="checkbox"/> WhatsApp
Healing Persona	<input type="checkbox"/> I acknowledge that I have reflected on my <a href="#"><u>Healing Persona Quiz</u></a> results and feel emotionally prepared to explore this counselling commitment.

Reason for Interest	
Brief Statement	In your own words, what does becoming whole mean to you at this point in life? There are no right or wrong answers.”
Agreement	<input type="checkbox"/> I acknowledge that I understand this call is about a six-week commitment and financial commitment.
Integrated Welcome	<input type="checkbox"/> I'm open to receiving a printable onboarding card before my first session.

**Please Note:** This complimentary 15-minute discovery call is **exclusively available** to individuals who have completed the [Healing Persona Quiz](#) and are considering participation in the [My Breakthrough Series](#).

Save this form when you are finished and send it to [info@aquillasa.co.za](mailto:info@aquillasa.co.za).

For attention: **Dr Barbara Louw**

**Aquilla Wellness Solutions**

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